

Central Columbia Elementary Breakfast Menu

| Monday | Tuesday | Wednesday | Thursday | Friday |
|----------------------------|----------------------------|------------------------------|-----------------------------|---------------------------|
| 5/1/23 | 5/2/23 | 5/3/23 | 5/4/23 | 5/5/23 |
| | | | | |
| Cinnamon Toast Bread | Pancake & Sausage Stick | Strawberry Filled | Chocolate Chip French Toast | Donut |
| or | or | Pull Apart Bagel | or | or |
| Cereal Bar | Cereal | Cereal | Cereal | Cereal |
| Assorted 100% Fruit Juice | Assorted 100% Fruit Juice | Assorted 100% Fruit Juice | Assorted 100% Fruit Juice | Assorted 100% Fruit Juice |
| & Assorted Fresh | & Assorted Fresh | & Assorted Fresh | & Assorted Fresh | & Assorted Fresh |
| | | | | |
| or Canned Fruit | or Canned Fruit | or Canned Fruit | or Canned Fruit | or Canned Fruit |
| Choice of Milk | Choice of Milk | Choice of Milk | Choice of Milk | Choice of Milk |
| 5/8/23 | 5/9/23 | 5/10/23 | 5/11/23 | 5/12/23 |
| Apple Frudel | Breakfast Pizza | Cinni Mini | Confetti Pancakes | Chocolate Muffin |
| or | or | or | or | or |
| Pop Tart | Cereal | Cereal | Cereal | Cereal |
| . 00 | 00.00 | 00.00. | 00.00. | 00.00. |
| Assorted 100% Fruit Juice | Assorted 100% Fruit Juice | Assorted 100% Fruit Juice | Assorted 100% Fruit Juice | Assorted 100% Fruit Juic |
| & Assorted Fresh | & Assorted Fresh | & Assorted Fresh | & Assorted Fresh | & Assorted Fresh |
| or Canned Fruit | or Canned Fruit | or Canned Fruit | or Canned Fruit | or Canned Fruit |
| Choice of Milk | Choice of Milk | Choice of Milk | Choice of Milk | Choice of Milk |
| 5/15/23 | 5/16/23 | 5/17/23 | 5/18/23 | 5/19/23 |
| | | | | |
| Cinnamon Toast Bread | Pancake & Sausage Stick | Strawberry Filled | Chocolate Chip French Toast | Donut |
| or | or | Pull Apart Bagel | or | or |
| Pop Tart | Cereal | Cereal | Cereal | Cereal |
| Asserted 4000/ Fmit living | Asserted 4000/ Fruit luiss | Asserted 1000/ Facilit Inias | A | A |
| Assorted 100% Fruit Juice | Assorted 100% Fruit Juice | Assorted 100% Fruit Juice | Assorted 100% Fruit Juice | Assorted 100% Fruit Juic |
| & Assorted Fresh | & Assorted Fresh | & Assorted Fresh | & Assorted Fresh | & Assorted Fresh |
| or Canned Fruit | or Canned Fruit | or Canned Fruit | or Canned Fruit | or Canned Fruit |
| Choice of Milk | Choice of Milk | Choice of Milk | Choice of Milk | Choice of Milk |
| 5/22/23 | 5/23/23 | 5/24/23 | 5/25/23 | 5/26/23 |
| Apple Frudel | Breakfast Pizza | Cinni Mini | Confetti Pancakes | Chocolate Muffin |
| or | or | or | or | or |
| Pop Tart | Cereal | Cereal | Cereal | Cereal |
| . 50 . 611 | 337001 | 331041 | 33.041 | 301041 |
| Assorted 100% Fruit Juice | Assorted 100% Fruit Juice | Assorted 100% Fruit Juice | Assorted 100% Fruit Juice | Assorted 100% Fruit Juic |
| & Assorted Fresh | & Assorted Fresh | & Assorted Fresh | & Assorted Fresh | & Assorted Fresh |
| or Canned Fruit | or Canned Fruit | or Canned Fruit | or Canned Fruit | or Canned Fruit |
| Choice of Milk | Choice of Milk | Choice of Milk | Choice of Milk | Choice of Milk |
| 5/29/23 | 5/30/23 | 5/31/23 | 6/1/23 | 6/2/23 |
| | Pancake & Sausage Stick | Strawberry Filled Bagel | | |
| Memorial Day | Assorted 100% Fruit Juice | Assorted 100% Fruit Juice | Chocolate Chip French Toast | Donut |
| No School | & Assorted Fresh | & Assorted Fresh | or | or |
| | or Canned Fruit | or Canned Fruit | Cereal | Cereal |
| | Choice of Milk | Choice of Milk |] | |
| | | | Assorted 100% Fruit Juice | Assorted 100% Fruit Juic |
| MONDAY JUNE 5 | TUESDAY JUNE 6 | WEDNESDAY JUNE 7 | & Assorted Fresh | & Assorted Fresh |
| Grab & Go | Grab & Go | NO BREAKFAST | or Canned Fruit | or Canned Fruit |
| Breakfast | Breakfast | I | Choice of Milk | Choice of Milk |

Students FREE

What is a Meal?

You must choose at least 3 of the 4 components available for the school breakfast price.

Choice of: Grain or grain/protein
Choice of fruit or vegetable (must take at least a 1/2 cup) and
Choice of Milk
1% white,
fat-free white,
fat-free chocolate

You must take at least 1/2 cup of fruit or vegetable

Whole Grain Cereal Selection May Include:

Trix Cocoa Puffs Cinnamon Toast Crunch Golden Grahams Lucky Charms

Fruit May Include:

Canned peaches, applesauce, pears, pineapple, fruit cocktail, mandarin oranges, 100% juice (apple, orange), fresh fruit selection including apples, bananas and oranges

PAYMENT & NUTRITION @ SCHOOLCAFE.COM



MENU SUBJECT TO CHANGE
BASED ON PRODUCT AVAILABILITY

Breakfast

Students Free

Adults \$2.50

General Manager Steve Belles

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